2010 Diabetes Professional Symposium

www.cherspokane.org

Friday
November 12
7:45 a.m. - 4 p.m.

The Davenport Hotel
Marie Antoinette Ballroom
Spokane, WA
Course Description
This day-long symposium will provide information on the impact of diabetes in the region as well as new approaches to prevention techniques and disease management for the clinician taking part in the continuum of care. The symposium will focus on practical management skills that are evidence-based and tailored to each patient. In addition, the experts in the field of diabetes will provide education for primary care providers on emerging trends in prevention, treatment options for diabetes and the importance of care coordination between providers and the patient.

Intended Audience
This program is designed for primary care physicians, physician assistants and specialists who treat diabetes. This symposium serves to update care providers on the medical management of diabetes and the impact that diabetes has on Washington state and the region.

Accreditation
This activity has been planned and implemented in accordance with the Essential Elements, Criteria and Standards of Accreditation of the Washington State Medical Association CME Accreditation Committee through the partnership of the Spokane County Medical Society and CHER Diabetes Education Center, Inland Northwest Health Services. The Spokane County Medical Society, a Washington State Medical Association accredited sponsor, designates this education activity for a maximum 6.0 hours in Category 1 to satisfy the re-licensure requirements of the Washington State Medical Quality Assurance Commission. The Spokane County Medical Society designates this educational activity for a maximum of 6.0 AMA PRA Category 1 credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Cost
$75 includes breakfast and lunch. Registrations are accepted until November 9, 2010. Space is limited, register early.

Agenda

<table>
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<tr>
<th>Time</th>
<th>Activity</th>
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<tr>
<td>7:45 - 8:30 a.m.</td>
<td>Check In</td>
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<td>Marie Antoinette Ballroom Breakfast Exhibit Booths</td>
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<tr>
<td>8:30 - 8:45</td>
<td>Opening Remarks</td>
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<td>8:45 - 10</td>
<td>Morning Plenary Diabetes Mellitus: State-of-the-State - Maxine Hayes, MD, MPH</td>
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<td>10 - 10:15</td>
<td>Break Exhibits Open</td>
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<td>10:15 - 11:15</td>
<td>Breakout Option 1  Care Coordination: Leading the Way for Optimal Patient Outcomes - Dan Hansen, DC &amp; Jennifer Polello, MHPA</td>
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<td>10:15 - 11:15</td>
<td>Break Out Option 2 Depression and Diabetes, Insult to Injury - Chris Dunn, Ph.D.</td>
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<td>11:15 - 11:45</td>
<td>Lunch Seating Exhibits Open</td>
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<td>11:45 a.m. - 1:15 p.m.</td>
<td>Lunch Plenary Emerging Therapies in Type II Diabetes Management - Colleen Carey, MD</td>
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<td>1:15 - 1:30</td>
<td>Break Exhibits Open</td>
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<tr>
<td>1:30 - 2:30</td>
<td>Break Out Option 1 Type II Diabetes Case Study - Colleen Carey, MD</td>
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<td>1:30 - 2:30</td>
<td>Break Out Option 2 Motivational Tools for Encouraging Lifestyle Changes - Chris Dunn, Ph.D.</td>
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<td>2:30 - 2:45</td>
<td>Break Exhibits Open</td>
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<td>2:45 - 4</td>
<td>Afternoon Plenary Diabetic Kidney Disease: Consensus, Controversies, and Importance - Katherine Tuttle, MD</td>
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<td>4</td>
<td>Closing Remarks &amp; Evaluations</td>
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<td>4:30 - 6</td>
<td>Wine and Appetizer Reception</td>
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CHER Diabetes Education Center
Location
The Davenport Hotel
10 South Post Street
Spokane, WA
(509) 455-8888
(800) 899-1482
www.TheDavenportHotel.com
Making Reservations?
Request the Inland Northwest Health Services rate to receive a discounted room rate.

Reception Following
Join us at the CHER Diabetes Education Center from 4:30 - 6 p.m. for a wine and appetizer reception.
501 N. Riverside
Spokane, WA
Shuttle will be provided to and from the reception at the Post Street entrance of the Davenport Hotel.

Course Objectives
1. List the current therapeutic options for treatment of type 2 diabetes.
2. Review data on public health implications of diabetes.
3. Discuss publications and therapeutic advances since guideline development with implications for clinical practice.
5. Describe the prevalence/incidence of diabetes mellitus in Washington state as a whole and understand what is known about diabetes in the eastern region of the state.
6. Understand evidence based prevention strategies communities should consider to stem the tide of diabetes mellitus in the eastern region.
7. Understand the basic functions and designs of care coordination based on two current practice models.
8. Define methods to improve behavior change for the patient with diabetes.

Needs Statement
Despite continuing advances in prevention and treatment options, diabetes continues to be on the rise in eastern Washington. Special challenges continue to be a problem and provide an opportunity for education with clinicians. The goal of this program is to update physicians and other health care providers on the latest advancements for prevention, treatment and long term management of diabetes.

For More Information:
Phone: 509.232.8138
Fax: 509.232.8355
Website: www.cherspokane.org
Email: info@cherspokane.org
Registration

$75 payment is due upon registration. CHER provides different registration options to meet your needs.

Online Registration

Visit www.cherspokane.org. Click on “Class Dates & Registration” Follow prompt to create an account or log in if you already have an account.

Phone Registration

(509) 232-8138

Mailed Registration (payment by check)

Send registration form below, along with a check for $75 made payable to INHS (Inland Northwest Health Services), to the following address:

INHS/CHER
Attention: Rachel Knecht
P.O. Box 469
Spokane, WA 99210-0469

Print Clearly (a confirmation letter will be sent to the address listed)

First Name: ___________________________________________
Last Name: ___________________________________________
Title: _________________________________________________
Mailing Address: _______________________________________
City: _________________________________________________
State: ________________ Zip: ____________________________
Email Address: _________________________________________
Phone Number: _________________________________________

Planning Committee Members

Colleen Carey, MD: Committee Chair
Lisa Randall, RD, CDE: Clinical Coordinator
Emily Fleury, BS: CME Coordinator
Jennifer Polello, MHPA, CHES
Samantha Roberts, BS